


Marriage On The Rock
Session #3
“Understanding and Meeting Your Spouse’s Needs”
Activation “Walk It Out”

Wives:

Answer the following questions independently:

- What potential did you see in your husband while you were dating? What are some of the best qualities you see in him today?
- Just like the Proverbs 31 wife honored her husband even when he didn't deserve it, how can you honor your husband?
- Remember a truly romantic experience the two of you had together. What did you do to show that you cared about your husband's sexual needs? How could you express that to him again?
- How did you and your husband have fun at the beginning of your relationship? What activities make your husband happy today?
- As a wife, what is the biggest challenge around the home: meals, housekeeping or homemaking? How would you like your husband to support you more in these areas?
- How did your husband sacrifice and show you love early in the relationship?
- How does your husband show you love and security today? What additional expressions of romance and sacrifice would you like to see from your husband?
- What kind of non-sexual affections do you like to receive from your husband? If he doesn't know exactly what you need, lovingly tell him. How do you communicate to your husband when you need non-sexual affection without it leading to sex?
- Do you need your husband to communicate more about his thoughts and feelings? How could you create a safe atmosphere for him to share with you?
- In what area of leadership would you like your husband to either take a more active role or a less dominate role in your marriage: children, romance, finances or spiritual matters? Be specific.

After answering the questions independently, come together and discuss your answers. Keep an open mind and focus on what your spouse has to say. Keep in mind,  we have to focus on ourselves to see change. After discussing your answers, pray together and make a resolve to work on the area(s) that may need adjusting.


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Husbands:

Answer the following questions independently:

- How did your wife honor and respect you early in the relationship?
- List some ways that you would like your wife to show you honor and respect.
- Remember a romantic experience you had together that truly met your sexual needs. What did your wife do for you? How could you help your wife recreate that type of experience?
- How did you and your wife have fun at the beginning of your relationship? How do you and your wife have fun together today? Is there something new you would like your wife to do with you?
- What, if anything, could your wife do to make your home a more inviting place for you?
- What potential did you see in your wife when you were dating? What are some of the best qualities you see in her today?
- Jimmy says that creating security requires sacrifice. What are you currently sacrificing for her? Is there something you could sacrifice that you aren't currently doing?
- Whether cuddling, holding hands or putting your arm around her, when could you give your wife non-sexual affection?
- When do you and your wife usually talk? What times of the week could you set aside for more quality communication without interruptions?
- Men are supposed to be the loving, sacrificial leaders in the home. Everyone should come before you. How can you lead more or be less dominant concerning children, romance, finances or spiritual matters? What could you change to be the loving initiator in any of the above areas?

After answering the questions independently, come together and discuss your answers.

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Single Female Participants:

- What type of qualities would you like to see in a mate?
- Just like the Proverbs 31 wife honored her husband even when he didn't deserve it, how can you honor your future husband?
- What is your idea of having fun with someone you would date? How would you maintain that experience?
- What is your biggest challenge around the home: meals, housekeeping or homemaking? How would you like your future husband to support you in these areas?
- How could your future husband sacrifice and show you love early in the relationship?
- How could your future husband show you love and security?
- What kind of non-sexual affections would you like to receive from your future husband? If he doesn't know exactly what you need, how would you express your concerns?
- How could you create a safe atmosphere so your future husband could share his thoughts and feelings with you?

Share the questions and your answers with a close friend and get their thoughts. The idea is to maintain the questions and answers so you can share them with your future spouse.

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Single Male Participants:

Answer the following questions:

- What would be your expectations of honor and respect towards you while in a relationship?
- List some ways that you would like your future wife to show you honor and respect.
- What is your idea of having fun with someone you would date? How would you maintain that experience?
- What could your future wife do to make your home a more inviting place for you?
- What are things you look for in a mate while dating? What would be some of the best qualities you would like to see in that mate?
- Jimmy says that creating security requires sacrifice. What would you sacrifice in your future marriage for your wife to show her that she is worth fighting for?
- How would you show non-sexual affection to your future spouse?
- How would you go about making sure you set time aside to communicate without interruptions?

Share the questions and your answers with a close friend and get their thoughts. The idea is to maintain the questions and answers so you can share them with your future spouse.